









- We support adults from the age of 18
- The people we support usually have a diagnosis of autism
- We help to source bespoke fit for purpose properties
- We cater for people who present complex, challenging behaviour





### **ABOUT US**

ASD support is a specialist care company based in the heart of Leicestershire. The company was founded in 2020 by a team of people who have been managing specialist residential care facilities since the late 90's. At ASD support we provide care for adults who have an autism spectrum disorder and/or have complex and challenging- behaviour, we cater for people from the ages of 18 to 64.

With our vision and specialist knowledge, we place a high value on independence, friendships, healthy lifestyles, physical and mental health needs.

Our mission is to enrich people's life experience by providing opportunities for active, engaged and purposeful living. We ensure that our properties are homely, community based, safe and well maintained to a high standard.

Every person on the autism spectrum is unique, so we work with each individual to help them overcome any difficulties autism may present them with, enabling them to lead a more fulfilling life.

As a specialist autism provider, our organisation recognises that each person has a right to live their life as they choose.



# CORE VALUES PARTNERSHIP PASSION QUALITY INTEGRITY











## **HOW WE SUPPORT YOU**



#### ASSESSING YOUR NEEDS

This will be done by an experienced manager or team leader, and during the assessment we will gather a lot of information about you. We also make sure we observe any health and safety concerns which might be relevant. From this we will be able to put together a Service Plan.

#### This will include:

- A one page profile, an individual's likes and dislikes/routines/ dietary info, etc.
- Medication profile.
- Autism profile.
- Communication passport.
- Independent living skills assessment.
- Risk assessments.
- Positive behaviour support plans.
- Health action plans.
- Leisure activities/special interests, etc.
- Sensory profile.



These assessments will form a detailed individual support plan, which will include details of how you would like to be supported in a person-centred way, to meet your assessed needs.

#### SUPPORT COSTS

Support costs are the costs for the support you receive from ASD Support.

Your support fee will be based on your individual assessment of how many hours of support are required. Each fee will be based on an individual assessment of the person's needs, at the hourly-rate agreed with the funding authority. Your fees cover staff support costs and may, in certain circumstances, include the cost of specified and agreed extras such as leisure activities.



## **HOW WE SUPPORT YOU cont.**

Fees go up each year, in line with inflation. Your support service fee will normally be paid for by a combination of some of your benefits and social services funding.

Leisure activities, unless otherwise specified, will have to be paid for by you.

In addition to this, if you require a support worker to accompany you on any leisure activities, you would have to pay the cost of entry for the support worker. The hours that the support worker spends with you on the activity will already be paid as part of your funding package.

Clothing will need to be bought by you.

#### INDEPENDENCE: your path to success









Transport - you may be entitled to a free travel pass to use on public transport, however, if you require support on public transport, you may also have to pay for your support worker's travel costs. There is also the possibility you may be entitled to a Mobility benefit. This comes at either a higher or lower rate. Depending on what you receive, you could get your own car or you can contribute towards the organisation's pooled fleet transport.

Support with finances - we will always ensure you are given as much support as you need to understand your financial commitments. The level of support required will be established in your financial assessment, and you will be given an individual financial support plan. We will work with you or your appointee to manage your finances.

## **ABOUT SUPPORTED LIVING**

ASD Support's Supported living Service provides individualised support in a community setting for adults with autism and learning disabilities.

Once we receive a referral our management team makes sure that a person centred and comprehensive assessment of each individual is completed, taking the person's support needs, likes and dislikes, accommodation and staffing preferences into account to ensure the service we provide is suitable for them. Detailed transition plans are created so that any person moving into a new home with us will feel comfortable and have a good understanding of what is happening throughout.

We have 6 supported living locations across Leicestershire. We have a mixture of bungalows and detached houses that are prepared and maintained in accordance with the needs of the people we support.

We take great pride in helping individuals make the decisions that are important to them.

It is vital that the people we support feel the place they are living in is their home,

so we involve them in choosing their furniture and decoration to create truly personalised accommodation. We have very close working relationships with the specialist housing associations who manage the properties

and we support people living there to maintain and manage their own tenancies, as far as they are able.

We do this by offering easy-read versions of the tenancy agreement so people can understand and sign it themselves, and by creating visual social stories to communicate the rules within the agreements.



**GET BUSY LIVING** 









## **ANIMAL THERAPY**

We believe that by supporting people to engage in animal therapy it brings a host of benefits. This includes:

- Increases Physical Activity. Pet therapy offers a way to increase physical activity. ...
- Improved Self Esteem. Taking care and spending time with pets can boost confidence and
- Improves happiness.
- Reduced Stress Levels.
- Reduces Depression.
- Decreases Blood Pressure.

We have links to local animal sanctuaries. These offer the opportunity to learn how to care for dogs, horses and Alpacas. Overseeing and taking part in grooming, exercising and even riding the horses. We encourage those that wish to have a pet. We currently have fishes, hamsters and also a therapy dog that visits. By interacting with animals it allows for bonds to develop and we have seen the calming influence that this can have.



